

Press Release for JSMC Health Fair 2015

(Photos by Pragnesh Shah, Priya Photography)

Staying informed about wellness issues can help one make better decisions on how to lead a healthier lifestyle. Jain Society of Metropolitan Chicago (JSMC) organized annual Health Fair on May 3 and May 17, 2015. These two days of Health Fair provided numerous diagnostic screenings tests, education material through personal consultation and use of visual aids to all the Jain community members at no cost. During the health fair, team of 90 volunteers including many Doctors, Specialists, Nurses, Microbiologist, Phlebotomist, Lab Technicians, and other healthcare professionals provided their free services for this noble cause. Over 220 JSMC members including many senior citizens benefited. Laboratory work for Blood Tests was conducted by Medstar Laboratories at significantly discounted rate. JSMC appreciates the grand sponsors of the event Bharat & Sandhya Shah, Dipak & Hemangini Shah, Kamlesh & Priti Shah, and Nirupa & Samir Shah in the memory of their parents Subhadraaben and Sumatilal Shah. All the medical equipment and necessary medical supply for all kinds of screening tests and procedures were donated by Dinesh & Nayna Shah (AMSCO Medical Supply and Equipment, Inc.). Mahavir Senior Center sponsored Breakfast during Health Fair. Dr. Hetal Gandhi (Cardiologist) provided necessary equipment and staff to conduct Carotid Ultrasound test to screen for any existent stenosis or obstruction in Carotid arteries. St Alexius Medical Center (On first day) and Loyola Hospital Medical Center and school of public health (On second day) provided Bone Mineral Density test machine and staff to conduct screening for either Osteopenia or Osteoporosis. Many physicians brought their EKG machines with their staff to conduct Electrocardiogram test to screen any irregular heart rhythm or heart diseases. In addition to above, many other members donated generous amount for this noble cause. For May 3, overall setup including process flow, logistics, and Doctors hospitality were planned and executed for smooth operation and excellent experience of patients and medical professionals. Booths were setup with closed curtain to maintain the privacy of the patient. Delicious breakfast with freshly squeezed orange Juice was setup for all. Two large screen projectors were showing constant updates and instruction along with recognitions for sponsors, doctors, and volunteers. On 2nd day of Health Fair (May 17) around 220 patients benefited from free consultation services provided by experienced physicians, sub-specialists and other healthcare professionals. Experienced panel of Physicians reviewed patients' lab results, health concerns and provided recommendation for urgent and long term health concerns. Experts Cardiologists, Dentists, Oncologists, Audiologist, Gynecologist, Ophthalmologists, Gastroenterologist, Physical Therapist, Pharmacist, Dieticians, and Chiropractor provided consultation to all the patients. Blood Pressure, Height, Weight, and BMI checkup were conducted as part of this services, too. Team of nurses from St. Alexius Medical Center provided their services for Vitals checkup.

Many helped to make this Health Fair successful. Following is the core planning team for this health fair:

Vipul Shah (General Secretary, JSMC), Hitesh R. Shah (Vice President, JSMC), Himanshu Jain (Treasurer, JSMC), Atul B. Shah (Board of Trustee, JSMC), Dinesh Shah (Volunteer), Bharat Kothari (Volunteer), Mayuri Zaveri (Nurse), Dr. Mahesh Shah (Physician), Dr. Kaushal Mehta (Physician), Dr. Hetal Gandhi (Cardiologist), Dr. Shailesh Zaveri (Cardiologist), Dr. Salil Vasanwala (Physician), Dr. Devendra U. Shah (Physician), Dr. Parag Doshi (Cardiologist).

Along with this core team, following Doctors and specialists provided their expert services during the fair (names in alphabetical order).

Dr. Amit Shah (Gastroenterologist), Dr. Amrit Patel (Dentist), Dr. Avani Shah (Chiropractor), Dr. Bharat Jailwala (Radiation Oncologist), Dr. Bharathi Rao (Gynecologist), Dr. D. U. Shah (Physician), Dr. Hetal Gandhi (Cardiologist), Dr. Jagdish Shah (Oncologist), Dr. Jill Zaveri (Ophthalmologist), Dr. Kaushal Mehta (Research Physician), Dr. Krupa Shah (Physician), Dr. Mahesh Shah (Physician), Dr. Monil Shah (Dentist), Dr. Moushmi Shah (Oncologist), Dr. Mukesh Doshi (Pediatrician), Dr. Niru Shah (Physician), Dr. Parag Doshi (Cardiologist), Dr. Parag Majmudar (Ophthalmologist), Dr. Payal Trivedi (Dentist), Dr. Priyanka Shah (Dentist), Dr. Rashmikant Gardi (Gynecologist), Dr. Rena Shah (Physician), Dr. Rujuta Gandhi (Physician), Dr. Salil Vasanwala (Physician), Dr. Sejal Kuwadia (Audiologist), Dr. Shailesh Zaveri (Cardiologist), Dr. Uttpal Parekh (Gastroenterologist)

Adeline Szafrariiec (Nurse), Bonnie Weiss (Nurse), Darshana Vyas (Dietitian), Dipti Shah (Dietitian), Linda Turner (Nurse), Madhu Jain (Dietitian), Mayuri Zaveri (Nurse), Nisha Jani (Pharmacist), Pina Shah (Physical Therapist), Shilpa Shah (Pharmacist), Usha Doshi (Physical Therapist). Alexian Brothers Cancer Institute provided cancer related educational material.

JSMC appreciates all who helped to make this amazing community service project successful.